

Enchantment Workshops Description Form

Our Workshops and Intensives are psycho-educational in nature. We are not an outpatient or inpatient facility, your stay at our place is completely voluntary.

Customized Intensive Workshop

This intensive can be built around the needs of those attending. We will do an extensive pre workshop evaluation and then talk with those attending. We have worked with many combinations of groups in the last fourteen years. In past years we have worked with father/son, mother/daughter, family, couples and individuals wanting help. We will design each intensive around your personal needs. We focus on identifying and treating the primary addiction interactions. We help you identify untreated codependence and develop a relapse prevention plan. You will leave with a solid aftercare plan. We specialize in deep work our motto is "treating the symptom and healing the cause". We help you sort out difficult patterns and address healing at a core level. In this workshop, if you want the lighter touch or more of a retreat style workshop, we can do that also. We can work in the wilderness as much or as little as you like. We can work around food, exercise, schedule and even different healing ceremonies like a solo or vision quest. This workshop is great for those who need confidentiality and a lot of time to focus.

Treatment Enhancement Workshop

This workshop is like the customized intensive with a little less flexibility. We require more of a minimum commitment of time. We also dictate a little more of the focus and schedule. We take recovery very serious and see it as a matter of life and death. This workshop is for those who are in an extended care facility or just completed treatment. In some cases where treatment is needed and there is no way to make it happen we will put together a structured plan with a professional in your area. We work as much as possible in cooperation with other professionals and agencies to meet the needs of those in recovery. We don't encourage replacing needed treatment with workshops if at all possible. We realize treatment costs can be expensive; however this is no time to cut corners.

Geneogram Workshop

This workshop is done in Phoenix at our offices. We do integrate this work into our other workshops if applicable. It requires a pre workshop consult to outline the assignments. We do this workshop with individuals and couples. With couples we parallel the bonding patterns in your histories and examine what is getting acted out in the relationship. With both individuals and couples this workshop will help you clearly outline your recovery work. We will also do some emotional work within the workshop. This is a great workshop if you are in Phoenix working with another Therapist and want to do some extra break through work. We will talk to your therapist after they have had a chance to meet with you. This helps outline further work and focus. If you are working with a Therapist we require a release of information to be signed.

Scheduled Group Workshops

Our scheduled workshops are all at a specific time and have a rigid structure. There is no flexibility surrounding rules and times due to the complexities of dealing with multiple dynamics in a group and with individual personalities. There is experiential work, group work and assignments in this intense process. We all help the process unfold by doing our part. This can be an amazing unfolding when a group of people come together to heal. The workshops offered at this time are 4 or 6 days. The workshops and topics are complex. We suggest you call if you are not sure which one fits your needs.

Couples Renewal When our emotional connection is too intense or too disconnected, when sex has too much importance or is almost nonexistent, when we avoid conflict or fight unfairly about money, sex, time, parenting, distance, closeness or values differences. It is time to get on board with some therapeutic work. The most beneficial formula for couples healing is a workshop along with individual counseling afterward. Many of our couples have had a recent betrayal or are in recovery from sex addiction. Some are recovering from other powerful addictions and others are not. We all have commonality surrounding our patterns and how to heal. We utilize Pia Mellody's model that addresses developmental immaturity, codependence, love addiction and love avoidance. We teach relational skill building and boundaries work. You will both leave with a recovery plan.

Sexual Addiction II In this workshop we address the middle and later stages in the Patrick Carnes PhD. task oriented model for treating sex addiction. Many sex addicts in short and long term recovery continue to struggle with slips, intimacy and true joy. We do the trauma work! In my last 14 years of facilitating men's groups in Phoenix, experience has clearly shown that men avoid core emotional work. The work is unique to each individual, some are married to MOM/ENMESHED, others are in a shame existence bind due to FATHER/ABANDONMENT, some were overtly abused sexually or physically. Some have more subtle histories. Rest assured our relational and sexual templates were set up in our past. In this workshop no MAN/CHILD will be left behind. (If you have a history of sex offending we will offer you other options please call).

Shame Reduction In this workshop we utilize debriefing and shame reduction strategies developed by Pia Mellody. The title can be a little misleading because we really take you through every aspect of your history and present patterns. We do intense emotional work in this workshop. If you have subtle patterns that are difficult to identify, if you have delayed grief, self esteem difficulties, issues resolving conflict, intimacy issues, love addiction, love avoidance or don't feel like you are truly yourself then this workshop can help. Shame is complex in its many faces, for more information read facing the shame that binds you written by John Bradshaw.

Women Honoring Women In this workshop we work on empowerment as women. Many of us are either falsely empowered or disempowered. We will go back to defining what it means to honor ourselves and each other. We will look at ourselves as people, mothers, daughters, sisters, wives and friends. This workshop is about taking time out for you to connect and heal. We will support you if you have a resent loss, betrayal or struggle of any type. If you just want a time out to connect and renew your womanhood we invite you.

Call if you have any questions or you can start the registration process online.

602-228-8737